

EPHESIANS 4:1–32 STUDY

The Church:

Living for GOD's Glory!

Moving from foundational doctrine to
practical daily conduct in the body of Christ.

The Shift: From Doctrine to Practice

CHAPTERS 1–3

Doctrinal Truth

Who We Are in Christ: Establishes non-negotiable spiritual realities, election, grace, and divine positioning.



CHAPTERS 4–6

Practical Conduct

How We Walk Daily: Translates theology into ethics, unity, spiritual maturity, and active holiness.



Dual Phenomenon of the Gospel

Justification (God establishes us as righteous) & **Sanctification** (God empowers us to live holy).

Non-Negotiable Doctrinal Truths

01 Redeemed by Christ

02 Chosen by GOD

03 Sealed by the Holy Spirit

04 Saved by Grace through Faith

05 Access to GOD's Unlimited Power

06 Blessed with Every Spiritual Blessing

07 Fully Knowing the Measure of Christ's Love

EPHESIANS 4:1

A Charge to Walk Worthy of Your Calling

WALK (*Peripateo*)

Daily physical and spiritual movement through life.

WORTHY (*Axios*)

Living a life that perfectly balances the spiritual scales.

CALLING (*Klesis*)

God's divine invitation to salvation and purpose.

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Let your daily practical steps carry enough moral and spiritual weight to balance the glorious invitation GOD has given us!

CORE MEANING

EPHESIANS 4:2-3

Attitudes Required for Unity

Humility & Gentleness

Modest self-opinion; power under control that avoids harshness and places others first.

Patience & Longsuffering

Remaining calm under trial; refusing to give up or lose composure when tested.

Bearing in Love

Patiently enduring fellow believers' weaknesses and flaws instead of walking away.

Bond of Peace

The essential cord that maintains wholeness, harmony, and body-wide integrity.

EPHESIANS 4:4-6

The Seven Pillars of Church Oneness



ONE BODY

Eph. 2:14-17



ONE SPIRIT

Eph. 2:18



ONE HOPE

Eph. 1:13-14



ONE LORD

Phil. 2:9-11



ONE FAITH

Rom. 10:9-13



ONE BAPTISM

1 Cor. 12:12-14

ONE GOD AND FATHER OF ALL

EPHESIANS 4:7-11

Christ's Victory Gifts to the Church

Triumphant Ascension

Christ descended and ascended far above all heavens, leading captivity captive and claiming supreme victory over sin and death to bestow gifts upon His people.

The Five-Fold Equipping Ministry

Given to build up the body and equip believers for active ministry:

Apostles

Prophets

Evangelists

Pastors

Teachers

EPHESIANS 4:12-16

The Goal: Maturity vs. Immaturity

Spiritual Immaturity

- Tossed about by every wind of doctrine
- Susceptible to human deception
- Spiritually unstable & carnal thinking
- Disconnected "Lone Rangers" who stagnate

Spiritual Maturity

- Unified in faith & deep knowledge of Jesus
- Speaking the truth in divine love
- Fully developed in the mind of Christ
- Actively building up the body of Christ

EPHESIANS 4:17-24

A Call to Walk in Purity

The Worldly Mind

Darkened Perception: Blind to spiritual truth.

Hardened Heart: Insensitive to God's leadings.

Empty Religion: Form without true spiritual life.

Selfish Living: Dominated by soul and flesh.

The Transformed Mind

Embracing Truth: Living the teaching of Christ.

Elevated Thinking: Minds continually renewed.

Righteous Conduct: Walking in active holiness.

New Creation: Putting on the spiritual self.

EPHESIANS 4:25–32

The Practical Exchange

PUT OFF (The Old Self)	PUT ON (The New Self)
Lying and falsehood	Speaking truth in love
Uncontrolled anger	Righteous self-control
Stealing and laziness	Honest work and generosity
Corrupt conversation	Edifying, grace-filled speech
Bitterness, wrath, and malice	Kindness, compassion, and forgiveness

SUMMARY & IMPLICATION

**"Do not grieve the Holy Spirit of God, by whom you were sealed
for the day of redemption."**

Unity and purity are not optional additions to the Christian life—they are the direct evidence of sound doctrine lived out in daily community.

EPHESIANS 4 STUDY

Living for GOD's Glory!

Questions, Reflection, & Group Discussion
